left to local control, to a Federal judiciary that in many instances completely ignores the intent of Federalism, all resulting in a Federal Government that has become wildly inefficient and just a huge bureaucracy.

So the old concept is really nothing new. It is just that we have lost it over time. Our founders were very clear when they established our system of government. They intended to set up a republic, a republic really, you could almost say, of sovereign states capable of self-governing, but with a small central government with clearly defined and limited powers.

As someone else previously stated, I think the gentleman from Utah, our Constitution can be thought of as a social contract, a contract between the people and their government. We must think of this most important document as a trade between the rights given up between these competing interests. One of the most important interests that we receive then from the Federal Government, as set forth in the Constitution, is the defense of this Republic.

All other inherently government services, the founders were very clear about, were to be contracts between themselves and the local government and contracts between themselves and the State governments. We refer to this as Federalism. The only powers specifically listed in the Constitution are to be administered by the Federal Government. All others are reserved to the people respectively.

Now, earlier last month, I guess it was, we had the discussion on part of this forum to look at one of the legislations that is coming down the pike that will help facilitate this, and that is the sunset commission. We have discussed this in the past, and I will just talk on it briefly right now.

The sunset commission will try to rein in the Federal Government by looking at the agencies and the powers that are already out there. We have suggested that it could be given, maybe even stronger, be given some teeth to it, and one of the ways you do that is to set it up in a BRAC-like format so that when it comes to Congress, it will actually eliminate those ineffective government programs with an up-ordown vote.

Second, and maybe an important change we can make in this to make it even truer, is to do this, and that is to provide provisions in that legislation to say that you will not simply look at the effectiveness of programs or whether programs are duplicative. You will also look at whether or not the programs of the Federal Government are constitutional.

Even if a program is not duplicative of other Federal programs or State programs, even if a Federal program is effective that is being performed right now, the underlying and most seminal question that we must ask ourselves is, do we, as Members of Congress, have the constitutional authority to do what the legislation is asking us to do.

If you put that into something like a sunset commission, that we can review this as each bill and each legislation comes up, each program that is out there, we will be moving in the right direction.

Let me just close by looking at some of the good news that just came out recently, today as a matter of fact, and that is the economic numbers showing that we are actually reining in Federal spending. We are seeing our deficit go down on the Federal level, and I am happy about that.

I am happy that I have been able to join with other members of this delegation and Members of this House to try to rein in the government and try to bring it in the right direction.

We must be awfully careful, though, that when we get the fiscal house of the Federal Government in order that we do not then decide that we will start spending money elsewhere. That would be the wrong direction to take. We have been able to get to where we are simply by putting our house in order as far as spending; we have been able to lower tax rates, allow folks to be on the family budget and not on the Federal budget, to have a more freemarket approach.

So I will just say this: that if we close by putting those limitations on the Federal Government to restrict our approach to it and make sure that our philosophy is the same as the Founding Fathers, then we will see that there is both a practical and a fundamental and foundational approach to doing so, and that is a constitutional government.

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from Oregon (Mr. DEFAZIO) is recognized for 5 minutes.

(Mr. DEFAZIO addressed the House. His remarks will appear hereafter in the Extensions of Remarks.)

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from New Jersey (Mr. PALLONE) is recognized for 5 minutes.

(Mr. PALLONE addressed the House. His remarks will appear hereafter in the Extensions of Remarks.)

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from North Carolina (Mr. JONES) is recognized for 5 minutes.

(Mr. JONES of North Carolina addressed the House. His remarks will appear hereafter in the Extensions of Remarks.)

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from California (Mr. George MILLER) is recognized for 5 minutes.

(Mr. GEORGE MILLER of California addressed the House. His remarks will appear hereafter in the Extensions of Remarks.)

The SPEAKER pro tempore. Under a previous order of the House, the gen-

tleman from Texas (Mr. Burgess) is recognized for 5 minutes.

(Mr. BURGESS addressed the House. His remarks will appear hereafter in the Extensions of Remarks.)

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from Massachusetts (Mr. Lynch) is recognized for 5 minutes.

(Mr. LYNCH. addressed the House. His remarks will appear hereafter in the Extensions of Remarks.)

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from Michigan (Mr. STUPAK) is recognized for 5 minutes.

(Mr. STUPAK addressed the House. His remarks will appear hereafter in the Extensions of Remarks.)

The SPEAKER pro tempore. Under a previous order of the House, the gentlewoman from Georgia (Ms. McKinney) is recognized for 5 minutes.

(Ms. McKINNEY addressed the House. Her remarks will appear hereafter in the Extensions of Remarks.)

## BLUE DOG COALITION

The SPEAKER pro tempore. Under the Speaker's announced policy of January 4, 2005, the gentleman from Arkansas (Mr. Ross) is recognized for 60 minutes as the designee of the minority leader.

Mr. ROSS. Mr. Speaker, on behalf of the 37-member strong, fiscally conservative, Democratic Blue Dog Coalition, I rise this afternoon to discuss our Nation's debt.

As you can see here, Mr. Speaker, today the United States national debt is \$8,413,298,480,959 and some change. If you divide that enormous number by every man, woman and child, including those babies being born today, every United States citizen's share of the national debt comes to the tune of \$28,120.

In the Blue Dog Coalition we have coined the phrase "the debt tax," not to be confused with the death tax or estate tax. The debt tax, D-E-B-T, is one tax that cannot go away until we get our Nation's fiscal house in order.

That is what the Democratic, fiscally conservative, 37-member-strong Blue Dog Coalition is all about trying to restore some commonsense and fiscal discipline to our Nation's government. As you walk the halls of Congress and as you walk the halls of the Cannon and the Longworth and the Rayburn House Office Buildings, you will come across these posters which signify that you have walked by the door of an office of one of our fellow Blue Dog members.

We are concerned about this because, Mr. Speaker, from 1998 through 2001, this Nation had a balanced budget, and yet under this administration and this Republican-led Congress, we have seen record budget deficits, the largest deficits ever, ever in our Nation's history.